

HSS



Welcome to **The Special Procedures Unit (SPU)**

429 East 75th Street, New York, NY 10021
(between York and 1st Avenues)



Table of Contents

Welcome	3
HSS Visitor Policy	4
What to Expect:	
Before Your Procedure	5
The Day of Procedure	6
Holding and During Procedure	7
After Procedure	8
Home Care	8
We Ask Because We Care	9
Parking Garages	10
Special Procedures Unit Physician Offices	11
Important Numbers	12
Notes	13

Welcome!

Welcome to the Special Procedures Unit at HSS. The information in this guide highlights what can be expected during your time with us. We are here to assist in any way we can.

Masks are now optional for all patients, visitors, and staff. Masks will be required at HSS only in elevated-risk situations and upon the request of a patient, visitor, or staff member participating in a clinical interaction.

HSS is a smoke-free campus. Smoking is not permitted anywhere in or around the Hospital and its facilities. This includes, but is not limited to, cigarettes, cigars, pipes, e-cigarettes and vape pens.

E-bikes and E-scooters are prohibited in all HSS facilities.

HSS Visitor Policy

The health and safety of our patients, visitors, and employees remains our top priority. HSS is taking precautions to ensure everyone's safety. These measures include visitor limitations and social distance guidelines.

Our visitation guidelines are constantly changing to align with the CDC and New York State Department of Health recommendations.

We encourage patients to stay connected with their loved ones during their appointments through virtual means, including, facetime, and/or phone call. iPads are available to help you virtually connect with your family member or friends.

For any questions related to the HSS Visitor Policy, please call

- Service Excellence at SPU 646.714.6768
- Family Resource Line 212.774.7547



What to Expect

The Day Before Your Procedure

You will receive two important phone calls:

- The **pre-access team** will confirm your information in our system to help expedite your registration process.
- The **Call Center** will call to do a health screening in addition to verifying the time and type of procedure and your medications. They will also give specific details on arrival time, what to bring, eating/drinking instructions, etc.



What to Expect

The Day of Procedure

Please bring your government issued photo ID and insurance information with you. Please leave your valuables at home.

When you arrive, you will initially go to the 1st Floor where a member of the Service Excellence team will guide you through the check-in process.

After you are checked in, the ambulatory services registration team will ask you health screening questionnaire and complete the registration process. Your procedure, recovery and discharge process will take place on the 2nd Floor.

Connecting with Visitors

To enhance communication on the day of procedure for our visitors, phone calls and/or text message updates may be sent to a designated recipient. A status board is also available in the family atrium to keep visitors up to date of patient's physical location.

iPads are available to help you virtually connect with your family member or friends.



What to Expect

Holding (pre-procedure)

Once in the pre-operative area, you will be seen by the clinical team to go over your medical history, allergies, medications, and details about the procedure.

During Procedure

After you speak with your physician and sign the consent form, the procedure room nurse will review some information with you. Your procedure will take place in a sterile operating room. Once the procedure is complete, you will be transferred to the post-anesthesia care unit (PACU).

Procedures vary in length. Your physician's office can clarify your expected procedure duration to assist with your planning.

What to Expect

After Procedure (PACU)

The recovery process is different for everyone depending on the type of procedure. If your procedure requires anesthesia, recovery is a minimum of 1 hour.

On the day after your procedure, a post-operative nurse will call and check up on you to see how you are feeling. These calls are made Monday-Saturday between the hours of 8:00am – 7:00pm.

Home Care

Here are some tips to remember:

- You can remove the bandage and shower after 24 hours. Please wait 48 hours before bathing, swimming or soaking in water.
- Placing ice on the affected area may help alleviate discomfort during the first 24 hours.
- Each patient's outcome will be different, and your doctor will individualize your care.

We Ask Because We Care!

Your comments, concerns and suggestions are important to us.

Please visit

hss.edu/feedbackSPU

or email us at

serviceexcellence@hss.edu

to provide your valuable feedback about your experience in the Special Procedures Unit.



Scan to access the SPU Survey

Parking Garages

Near 429 East 75th Street

HSS Belaire Parking Garage

525 E. 71st Street
(between York Ave. & FDR Drive)
tel: 917.260.3097
Open 24 hours

Wall Street Parking Corp.

1420 York Avenue
(between 75th and 76th Streets)
tel: 212.249.2940
Open 24 hours

Champion Parking

341 E. 75th Street
Between 1st & 2nd Aves.
tel: 212.734.9593
Open 24 hours

***Quik Park**

524 East 73rd Street
(between York Ave. and FDR Drive)
tel: 212.452.1324
Open 24 hours

***Little Man Parking**

401 East 74th Street
(between York and 1st Avenues)
tel: 212.288.3025
6am-12am

.....
***Accepts larger trucks/SUVs**

For additional third-party parking resources, visit:

- nyc.bestparking.com
- spothero.com
- parkwhiz.com

.....

Special Procedures Unit Physician Offices

Dena Barsoum, MD	914.821.9213
Naimish Baxi, MD	201.599.8018
Nicholas R. Beatty, DO	212.224.7951
Ellen Casey, MD	212.606.1149
Vincenzo Castellano, MD	212.224.7920
Jesse N. Charnoff, MD	212.224.7950
Jeffrey M. Ciccone, MD	516.240.2162
Paul M. Cooke, MD	212.606.1430
Andrew Creighton, DO	646.344.4340
George Cyril, MD	212.606.1251
Nnaemeka Echebiri, MD	212.224.7990
Robert S. Griffin, MD, PhD	212.774.2944
Semih Gungor, MD	212.774.2176
Joseph C. Hung, MD	203.705.0870
Jonathan S. Kirschner, MD	646.714.6327
Vladimir N. Kramskiy, MD	646.797.8490
Christopher Lutz, MD	646.870.7997
Anuj Malhotra, MD	212.606.1829
Carlo Milani, MD	212.606.1448
Peter J. Moley, MD	212.606.1918
Jennifer O'Connell, MD	212.224.7974
Daniel I. Richman, MD	212.606.1768
Sadiya Siddiqui, MD	646.618.7760
Alexander C. Simotas, MD	212.606.1879
Harmandeep Singh, MD	212.606.1677
Vijay B. Vad, MD	212.606.1306
Krina A. Vyas, MD	914.821.9311
Seth A. Waldman, MD	212.606.1686
David Y. Wang, MD	212.606.1646
James F. Wyss, MD	212.606.1731

Important Numbers

Service Excellence at SPU

tel: 646.714.6768

Medical/Clinical Questions

Please call your physician's office
(see page 11 for phone numbers)

Billing/Financial

tel: 212.606.1772
(Patient Accounting Department)

Radiology & Imaging

tel: 646.714.6750
429 East 75th Street, lower level

Osteoporosis & Metabolic Bone Health Center

tel: 212.224.7935
429 East 75th Street, lower level

HSS Rehabilitation 75th Street

tel: 646.714.6850
405 East 75th Street

HSS Connect

tel: 212.606.1555

Service Animals at HSS

For information, please visit [hss.edu/service-animals.asp](https://www.hss.edu/service-animals.asp)
For further guidance related to service animals, please
contact the Service Excellence Office at 212.774.2392.

For accommodations on the day of surgery, please call our
Family Resource Line at 212.774.7547.

Notes

Helpful Reminders

Bring your government issued photo ID

Bring Insurance information with you

PROCEDURE DATE:

DOCTOR'S NAME & NUMBER:

PARKING GARAGE:

Things to Remember

**CHOOSE
BETTER.
MOVE
BETTER.**



Hospital for Special Surgery
is an affiliate of Weill Cornell
Medical College.

535 East 70th Street
New York, NY 10021
tel: 212.606.1000
hss.edu

© 2023 Hospital for Special Surgery. 535 East 70th Street, New York, NY 10021. Hospital for Special Surgery, HSS and the HSS logo are trademarks or registered trademarks of Hospital for Special Surgery in the United States and other countries.

March_14_2024