

Ernest L. Sink, MD  
Center for Hip Preservation  
**INITIAL EVALUATION FORM**

---

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date: \_\_\_\_\_

Accompanied by: \_\_\_\_\_

Did another doctor send you to us? Yes / No

Occupation / job? \_\_\_\_\_

Name of provider & Complete Address: \_\_\_\_\_

Involved Site? Shoulder Hip Knee Other: \_\_\_\_\_

Which side(s)? Right / Left / Both

Dominant hand/arm? Right / Left

Problem(s) (Please check all that apply):  Pain  Weakness  Instability/dislocation  Stiffness  Swelling  Other: \_\_\_\_\_

Buckling  Locking  Grinding  Clicking  Catching

Difficulty with functional activities:  Walking  Stairs  Running  Squatting  Pivoting/twisting  Sitting w/ knee bent

Sitting for long time w/ hip flexed  Lifting objects  Other: \_\_\_\_\_

How did you injure yourself?  No Specific Injury  Sports Related \_\_\_\_\_  Auto-DOA: \_\_\_\_\_  Work-DOI: \_\_\_\_\_

Sports level:  None  Recreational  College  Professional

How long have you had symptoms/pain? \_\_\_\_\_ Days \_\_\_\_\_ Weeks \_\_\_\_\_ Months \_\_\_\_\_ Years

Briefly describe your injury: \_\_\_\_\_

Location of your pain: \_\_\_\_\_

Given diagnosis (if known): \_\_\_\_\_

Non-surgical treatments (ie; injection, physical therapy, etc) \_\_\_\_\_

Previous surgery for this injury: \_\_\_\_\_

Severity of Pain:           None                                   Mild                                   Moderate                                   Severe

Pain Worse With: \_\_\_\_\_

Pain Better With: \_\_\_\_\_

Do you have pain at night?    Yes    No                                   Does it wake you up at night?    Yes    No

Are you currently working?    Yes    No    Retired                                   Full Duty                                   Limited Duty

Do you have any imaging studies?           X-rays           MRI           CT Scan

Please list ALL Allergies: \_\_\_\_\_

Do you have any of the following medical conditions: (please circle):    Heart problems           Ulcers    Diabetes           Cancer           Seizures

                                  Liver Problems/Hepatitis           Kidney Disease           Blood Clots           Asthma

                                  Sleep Apnea           Stroke    Other: \_\_\_\_\_

Please list all medications including over the counter medications and herbal supplements: \_\_\_\_\_

---

Reviewed by Dr. Ernest L. Sink: \_\_\_\_\_, M.D.